



Suffering is a universal human challenge.

Some have viewed suffering as the root source of the human dilemma.



Marx

Buddha

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tried to alleviate suffering by altering the outer access to things.

> (detachment from the spiritual world)

Humanity needs social revolution.

tried to alleviate suffering by altering the inner attachment to things.

(detachment from the material world)

Humanity needs inner enlightenment.

"When suffering comes, we yearn for some sign from God, forgetting we have just had one."

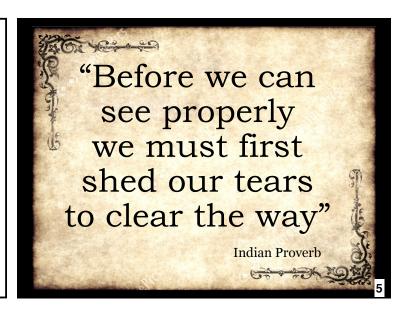
Mignon McLaughlin

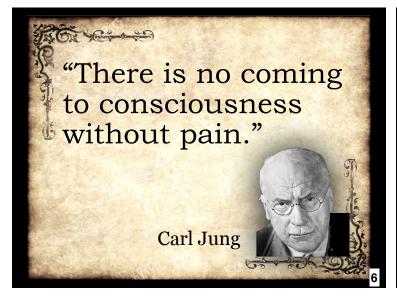
Jesus introduced a very different approach.

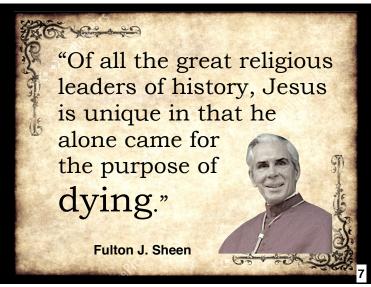
- He had the power to remove all physical suffering in this world BUT DID NOT.
- He incorporated it as a central theme of his GOSPEL message.
- He made it a lens through which we can see ourselves and God.

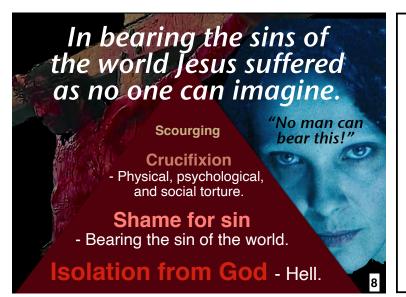


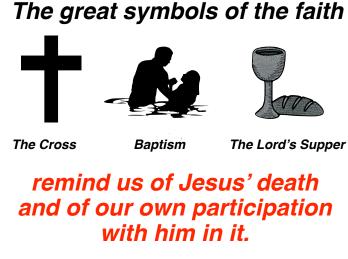
Suffering is a sign of the human dilemma and the deliverance from it.









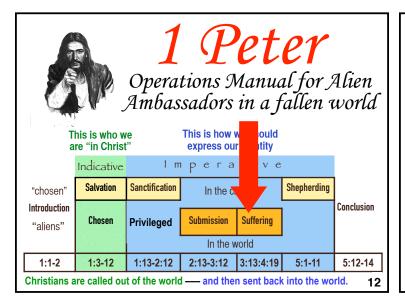


Galatians 2:20

"I have been **crucified with Christ**; and it is no longer I who live, but Christ lives in me;"

Romans 12:1

"I urge you therefore, brethren, by the mercies of God, to present your bodies **a living and holy sacrifice**, acceptable to God, which is your spiritual service of worship." Spiritual Health is measured, not by a pain free life but rather in how we respond to suffering.



1 Peter 3

"13 And who is there to harm you if you prove zealous for what is good? 14 But even if you should suffer for the sake of righteousness, you are blessed. And do not fear their intimidation, and do not be troubled, 15 but sanctify Christ as Lord in your hearts, always being ready to make a defense to everyone who asks you to give an account for the hope that is in you, yet with gentleness and reverence; 16 and keep a good conscience so that in the thing in which you are slandered, those who revile your good behavior in Christ may be put to shame. 17 For it is better, if God should will it so, that you suffer for doing what is right rather than for doing what is wrong."

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How should I view suffering?

1. It starts with cultivating a broader perspective.

Romans 12:2

"And do not be conformed to this world, but be transformed by the renewing of your mind,

Matthew 6:22

"The eye is the lamp of the body; so then if your eye is clear, your whole body will be full of light."

1 Peter 1:13

"Therefore, prepare your minds for action, keep sober in spirit, fix your hope completely on the grace to be brought to you at the revelation of Jesus Christ."

Hebrews 12

"1 Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance, and the sin which so easily entangles us, and let us run with endurance the race that is set before us, 2 fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God."

Jesus' endurance for his suffering came from his vision of coming joy.

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Implications

- Recognize that the way we see things will determine how we respond to them.
- Resist the world's material / temporal perspective so as to find peace, & joy.
- Drink from the right fountain what we read, hear, etc. will shape and guide us.
- Resurrection not revolution is our hope.
- Be a Berean and note what the Scripture says and does not say.

Note what is conspicuously missing in this teaching.

- A promise of temporal blessing
 - A promise of social justice
 - A call for repentance
 - Social reform

As aliens in this world we have a different agenda.

2. Security

Suffering need not confuse or scare you.

1 Peter 3

"13 And who is there to harm you if you prove zealous for what is good? 14 But even **if you should suffer** for the sake of righteousness, you are blessed. And **do not fear** their intimidation, and **do not be troubled**,"

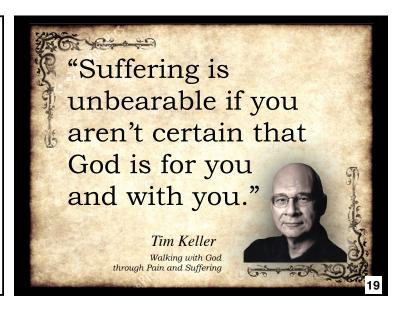
"If God loves me, why is life so hard?"

Jesus' response, "It is the Way of the Cross, follow me".

Romans 8:35

"Who will separate us from the love of Chest? Will tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?"

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1 Peter 3

"13 And who is there to harm you if you prove zealous for what is good? 14 But even if you should suffer for the sake of righteousness, you are blessed. And do not fear their intimidation, and do not be troubled,"

Isaiah 8:12

"You are not to say, "It is a **conspiracy**!"
And you are not to fear what they fear
or be in dread of it."

"Should we fear an unseen enemy that is working against us?"

Fear God, not a broken world.

"In the end, dear friend, it is always between us and God, not between us and them."

Mother Teresa

For Christians Everything is O.K. in the end.

If it's not O.K. it's not the end.

3. Significance Suffering invites your witness

Suffering invites your witness response of "salt and light".

1 Peter 3

"15 but sanctify **Christ as Lord** in your hearts, always **being ready** to make a defense **to everyone who asks** you to give an account for **the hope** that is in you, yet with **gentleness and reverence**;"

The calling of the believer is to be the Body of Christ in this world and at this time.

This is the only instruction on evangelism in all the epistles.

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Evangelism 101

- Get your heart right (Get out of the way).
- · Get your mind prepared (make sense).
- Let your true hope shine (in response to life's ups and downs).
- Don't be pushy (respond to pain).
- · Respect your audience (listen).
- Respect your message (get it right).

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4. Selfimage

Your response to suffering can build confidence in your new self.

1 Peter 3

"16 and keep **a good conscience** so that in the thing in which you are slandered, those who revile your **good behavior** in Christ may be put to shame. 17 For it is **better**, if God should will it so, that you suffer for doing what is right rather than for doing what is wrong."

Ephesians 4

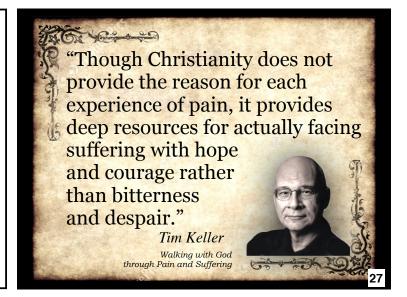
"22 that, in reference to your former manner of life, you lay aside the old self, which is being corrupted in accordance with the lusts of deceit, 23 and that you be renewed in the spirit of your mind, 24 and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth."

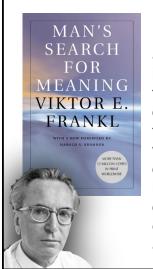
We are forced to make a decision every time we face, pain, & suffering.

Our old sin nature in Adam

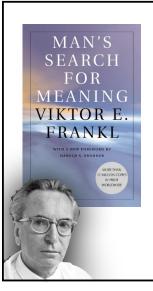
We will be a hypocrite to one of our two natures.

Our new nature in Christ





In his book *Man's Search for Meaning*, Dr. Frankl wrote about the psychological impact of life as a prisoner in the Nazi concentration camps of World War II. His mother, father, brother, and pregnant wife were all killed in the camps. Dr. Frankl describes in chilling detail how his captors took from him virtually everything of personal value and basic human dignity.



"Between stimulus and response there is a space.

In that space is our power to choose our response.

In our response lies our growth and our freedom."

Dr. Viktor Frankl

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